



# *I Am Out of Control*

**We can make our plans,  
but the Lord determines our steps.  
Proverbs 16:9 NLT**

“God, grant me the serenity to accept the things I cannot change, Courage to change the things I can, and Wisdom to know the difference.”

While I was sitting in a chair next to a display of some of my father's memorabilia, my eyes focused on a four-by-four laminated card. The information on the card was “The Serenity Prayer,” written by Reinhold Niebuhr in the early 1930s.

I recall that many years ago, my father hung this card on the wall. Usually, he would not add to the décor of our home. However, it was deemed necessary for him to display this declaration. I was young and did not fully grasp its meaning. I often heard a phrase from my parents: "Just keep living." As an adult, this phrase echoes with me and I now understand the prayer.

“The Serenity Prayer” is a fundamental reminder that we need God to empower us with the discernment to know what we can control and what we must let go of as we place our trust in Him.

In today's world, things often feel overwhelming and out of control, affecting global events and our personal lives. The latter can be frustrating because we want to feel in control of our existence.

"For My thoughts are not your thoughts, nor are your ways My ways," says the Lord. "For as the heavens are higher than the earth, so are My ways higher than your ways, and My thoughts than your thoughts." **Isaiah 55:8-9**

Relying solely on our knowledge can lead to discouragement, distress, and sometimes, incorrect decisions. Accepting what we cannot change frees us from defeat and hopelessness when we release our concerns to God. In doing so, we can find the assurance that nothing is out of control when He is in control.

Then you will experience God's peace, which exceeds anything we can understand... **Philippians 4:7 NLT**

By understanding who God is and trusting in His divine sovereignty, we can boldly say, "I am out of control—but God's got this!"

*Dear Father, we thank You for granting us the serenity to find a peace that surpasses all understanding.*

# June 2025

## Praise & Prayer Calendar



Scriptures	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Prov 16:9</b> <b>Prov 19:21</b> <b>Ps 37:5</b> <b>Ps 37:23</b>	<sup>1</sup> Pray that we will seek God when making our plans	<sup>2</sup> Pray we realize God knows the steps we should take	<sup>3</sup> Pray that we recognize God's purpose will prevail	<sup>4</sup> Give praises, God's plans are best for us	<sup>5</sup> Give praises, God delights in every detail of our lives	<sup>6</sup> Pray that we will commit our ways to the Lord	<sup>7</sup> Pray that we will trust God to be our Guide
<b>Psalm 119:105</b>	<sup>8</sup> Pray that we realize God's word is a lamp that guides our step	<sup>9</sup> Pray that we realize obeying God's word keeps us from stumbling	<sup>10</sup> Pray that we realize God's word is our source for life	<sup>11</sup> Pray that we realize God's word provides us with sufficient light for each step we take	<sup>12</sup> Pray that we will allow God to direct our path	<sup>13</sup> Give praises, God directs us back to the right path when we go astray	<sup>14</sup> Give praises, God does not let us walk this journey alone
<b>Proverbs 3:5-6</b> <b>Psalm 32:8</b>	<sup>15</sup> Pray we will let go of situations beyond our control and give them up to God	<sup>16</sup> Pray that we will seek God for wisdom and understanding	<sup>17</sup> Pray that we will embrace God's ways	<sup>18</sup> Pray that we will recognize that our wisdom will always be finite compared to God's wisdom	<sup>19</sup> Pray that we will acknowledge God's control	<sup>20</sup> Give praises, God instructs and teaches us the way we should go	<sup>21</sup> Give praises, God sees all and knows all
<b>Philippians 4:6-7</b> <b>Matthew 6:25-34</b>	<sup>22</sup> Pray we will not worry, but trust God's wisdom	<sup>23</sup> Pray we will not worry but trust God's sovereignty	<sup>24</sup> Pray that we will study God's word when we feel anxious	<sup>25</sup> Pray that we will seek God in prayer when we are worried	<sup>26</sup> Praise God, He gives us peace that surpasses all understanding	<sup>27</sup> Praise God, He knows what we need	<sup>28</sup> Pray that we will exchange worship for worrying
	<sup>29</sup> Give praises, we can seek God in every area of our lives	<sup>30</sup> Give praises, we don't have to worry about our future, God is in control	<p>Anything under God's control is never out of control...</p> <p><b>Everything</b> is under His control.</p>				